

Frances Newman

Frances is Head of Movement at Royal Welsh College of Music and Drama with responsibility for programming movement training for the BA (Hons) Acting, MA Acting for Stage, Screen and Radio, MA Musical Theatre, BMus (Hons) Music (vocal) courses and MA Advanced Opera Performance. She manages a team of dance and movement professionals ensuring current industry trends and practice are reflected into the delivery of the course.

Following a career as an international modern rhythmic gymnast Frances trained as a dancer at the Laban Centre (Transitions Advanced Performance Course) and Coventry University - where she achieved a first class degree in Arts Practise and Cultural Policy. She has worked as a professional contemporary dancer for television, theatre and The National Dance Company of Wales.

Whilst at RWCMD she has worked on many musicals, theatre and opera productions. As a freelancer, she has choreographed for Welsh National Opera, Bristol Old Vic, Sherman Theatre, The Watermill at Newbury and The Southwark Playhouse. She choreographed the national tour of Quadrophenia, the Rock Opera.

Frances is a hands-on teacher who instils a disciplined, creative and technical approach to physical training. She encourages safe practise, self-expression, working with economy, release and sensation and is passionate about equipping the student for the demands of the industry.